

THE TRUTH 3. In **C**hristianity the Truth is the doctrine of the Trinity: God is one but there are three co-eternal hypostases: the Father, the Son (Jesus Christ) and the Holy Spirit. The Truth in **J**udaism is the revealed word of God, as found in the Hebrew Bible. The Truth in **I**slam and **S**ikhism is interpreted as right and reality. Al-Haqq, 'the truth', is one of the names of God in the Qur'an, i.e. the Ultimate Reality. The Truth in **H**induism is one of the attributes of dharma; in the Upanishads truth is the One Reality. However, the truth in **J**ainism is "not-one-sidedness": one claim or another or both may be true.

THE TRUTH 4. In Buddhism Dharma denotes the Three Universal Truths: 1) everything is impermanent and changing, 2) impermanence leads to suffering, 3) only the non-self (anatman) is unchanging. **F**ollowing this are the Four Noble Truths: 1. all life involves suffering, 2) suffering is caused by desire & attachment, 3) the path to cessation of desire & attachment leads to Nirvana ... 4) which is attained by following: **T**he Eightfold Path: 1) right seeing and understanding, 2) right thought or intention, 3) right speech, 4) right action, 5) right work or livelihood, 6) right effort, 7) right mindfulness, 8) right concentration.

*also go to the appendix for an edited version
of my blog 482 on the truth*

THE PATH. The Path is the initiation into the right way of living, the (true) religious living, the proper conduct, living the higher truth. **T**his essay has at its core the text attributed to Jiddu Krishnamurti, 'At the feet of the Master', written when he was fourteen years old. **T**he principles of The Path are similarly at the base of all religions, before they were corrupted by dogmas, scriptures and hierarchies. **T**hey compel the seeker of knowledge to live honorably and truthfully, with bearing in their heart love and compassion for all of humankind. **T**he Path, once widely practiced, will bring a new age of Enlightenment.

*go to the appendix for a transcript of The Path,
as well as to my blog 935 with a link to
the full text of the original book*