

THE TRUTH 1. The Truth - as opposed to the truth - is absolute. The Truth is that there is a force/energy, law, singularity, logos, universal consciousness, tao, dharma, spirit etc. This energy was there before there was anything, and it - inexplicably - created the universe within itself, as a part of itself. Thus spirit and the world are at once one, as well as separate. That is our duality. **A**ll that exists physically will perish (including our gross mind, or lower consciousness), but spirit will always be there. Therefore spirit is not of this world, and humans, while they use only their (rational, analytical) minds, can't comprehend spirit. But spirit manifests in us - as soul (the subtle mind or higher consciousness). Soul - our seat of love and peace - returns to its home at the time of death. Can we go to that region while alive? Yes, in meditation. **O**n that level, where human beings merge with the universal consciousness, it is true to say that all of humanity is one. **T**his Truth ought to bring humankind together, where they unite in their desire for peaceful co-existence - without there being cause for disrespect and bigotry, killing and warfare.*

**These core principles of the Truth are spelled out in the second sentence of the 1776 Declaration of Independence of the USA: "We hold these truths to be self-evident, that all men are created equal," and that all people should be treated accordingly.*

It's astonishing to think that this Truth and its implications for human conduct had been acknowledged at the highest level of Government for hundreds of years - yet, segregation, dehumanisation and versions of apartheid are common to this day.

force/en·er·gy

a ubiquitous power that binds the world together

law

a scientific fact or phenomenon that is invariable

sin·gu·lar·i·ty

1. *something that is unique, distinctive, remarkable*
2. *an unusual, exceptional or extraordinary quality*
3. *a state of zero volume where space/time is infinite*
4. *a point where a complex function is undefined*

lo·gos

the source or fundamental order of the cosmos

u·ni·ver·sal con·scious·ness

the collective of all souls and/or subtle minds

tao

the energy within which all is located or happens

dhar·ma

1. *(Sanskrit) natural law, order or reality*
2. *(Hinduism) the way of the higher Truth*
3. *(Buddhism) the truth about the way things are*
4. *refers also to the teachings of Gautama Buddha*

spir·it

the essence of an organism or an abstract concept

Many people consider The Truth not a reality, since they don't think there is tangible proof of it. To me proof of The Truth is our very existence - since we are here, Truth is real. Weren't we here, one could argue that The Truth does not exist.

In philosophy this argument is called the Cosmological Proof, in which the existence of the contingent universe proves the necessity of an energy that is the cause of the universe; i.e. a necessary energy that cannot not exist. See also EXISTENCE.